



Incredible Odyssey Pte Ltd

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Tour Code: E9N- TIBET+EBC

Travel Time

May –
September
SELECT YOUR DATES

Incredible Odyssey

Himalayas on wheels

TIBET – EVEREST BASE CAMP

ITINERARY

Day 01: Fly SIN - CHENGDU

NO MEAL

Fly to chengdu by CA 404 @ 1600, Changi Airport T1

Day 02: ARRIVE LHASA BY TRAIN/AIR

NO MEAL

On arrive transfer to downtown Lhasa, 3650mts. Arriving in Lhasa, the ancient holy city of Tibet where our guide and driver will welcome you at the railway station and you will be transferred to the hotel. Rest in the afternoon. Tibet heritage hotel on BB Boutique hotel

Day 03: LHASA SIGHT SEEING

BLD

After breakfast take a short walk from hotel to Potala Palace which will take about 15 minutes. Potala Palace: the Potala is considered one of the great wonders of the world. It is held sacred by Tibetans as the former residence of successive Dalai Lamas, and is one of Tibet's most holy pilgrimage sites. A palace was originally built in the 7th century by King Songtsen Gampo, and was believed to have been nine stories high, but around the 9th century it is believed to have been destroyed by a big fire. The present Potala Palace was constructed by the great fifth Dalai Lama in the 17th century after he became ruler of Tibet. The Potala Palace is divided into two sections, the White Palace (completed in 1653) and Red palace (completed 1694). It has more than one thousand rooms and is thirteen stories high. The White Palace was secular in nature and mainly used for government administration, whilst the Red palace was mainly used for religious functions and still has numerous chapels, including those containing reliquary stupas of the successive Dalai Lamas which are richly decorated in gold, silver and semi-precious stones. In the afternoon, visit Jokang temple and Bharkor. Jokang Temple: the Jokang is Tibet's most sacred temple, the main point of pilgrims from the entire Tibetan plateau. Located at the heart of the ancient town of Lhasa, it was built in the 7th century by the Tibetan King Songtsen Gampo's queen Bhrikuti on a site identified by Queen Wencheng according to her geomantic calculation. The temple is 3 stories high and it is constructed with enormous chapels including the most sacred statue of Buddha Shakyamuni, enshrined. It has around 70 monks nowadays. ANCIENT BHARKOR STREET is the most sacred pilgrimage site in Lhasa and it is full of pilgrims from dawn till dusk. There are four huge prayer flags situated in Bharkor street which surrounds the Jokang, known respectively as Gadhen Dharchen in the northeast, Juyak Dharchen in the west, Kelsang Dharchen in the southwest and SharKyaring Dharchen in the southeast. The Bharkor street is the most active market in all Tibet and it is possible to purchase traditional Tibetan artifacts, religious implements, antiques, modern goods, books, music, clothing, spices, fresh meat and vegetable.



Day 04: VISIT DREPUNG AND SERA MONASTERIES

BLD

After breakfast, drive to Drepung monastery which will take you 15 minutes drive from your hotel. DREPUNG MONASTERY is the largest monastery in Tibet, built in the 15th century by Jamyang Choeje who is one of Tsongkapa's foremost disciple. The monastery is beautifully located up in a hill at the distance of 7 Km from the old section of the city and it is the biggest monastery in Tibetan Buddhism. The monastery has four main colleges with numerous small chapels and house chapels, known as Khangtsen in Tibetan. There are around six hundred monks nowadays. Afternoon, visit Sera and Norbu Lingka. SERA MONASTERY was founded in around 15th century by Jamchen Choeje who is another famous disciple of Tsongka pa and it is the second largest monastery of Tibet. There are three big colleges with numerous chapels and house chapels. The most attraction to visit this monastery is to see the monks debating which hold from 3-5Pm everyday apart from Sunday. NORBU LINGKA is the first summer Palace which was founded by the seventh Dalai Lama in 18th century and the first Palace Kelsang Podrang was also constructed as the same name as the 7th Dalai Lama, Kelsang Gyatso. The eighth Dalai Lama Jampel Gyatso (1758-1804) did more initiated work on the Norbulingka, expanding the gardens and digging a lake which can be found south of the new summer Palace. The thirteenth Dalai Lama (1876-1933) was

responsible for the three Palaces in the northwest corner of the park and the fourteen the Dalai Lama built the new summer Palace in 1956. Nowadays there are some monks who are taking care of the Palace.

Day 05: LHASA – GYANGTSE – SHIGATSE 350KM drive BLD

You will start your tour at around 9Am from your hotel and then drive towards Gyangtse through 3 big mountain passes, Kampa La, Karo La, Simila respectively. Karola is the highest pass among them which is over 5000Mts with its most beautiful glaciers, beautiful Yamdrok lake emerged as coral color from the top of Kampala pass. You will have your lunch at Nakartse county which is just between the Yamdrok lake and Karola glaciers. On the way, visit a Tibetan family to experience the authentic life experience of Tibetan people. Afternoon, visit Palchoe monastery and Kubum Pagoda stupa. After finishing the sightseeing, Continue your tour and start your journey to Shigatse by passing one of the biggest farming lands in Tibet where people grow barley, wheat, different kinds of vegetables. visit Tashi Lhunpo monastery, the seat of the Penchen Lama and the biggest monastery in the Tsang region or in the western part of Tibet.



Day 06: SHIGATSE – RONGBUK 430KM drive BLD

After breakfast, continue your journey towards Rongbuk, driving through two big mountain passes, Gyatso la 5220Mts, Pangla pass 5000Mts, and some beautiful villages and the first view of Mount Everest from the foot of Gyatso la pass.

Day 07: EVEREST BASE CAMP - SAKYA MONASTERY 240KM drive BLD

Explore Everest Base Camp by taking a conservative bus to the Everest base camp or by walk. If you walk to Everest base camp, it will take you to two hrs to get there. On the way you can visit a miraculous cave of Padmasamvawa. After two hrs trek, you get to the Everest base camp. It is the best point of enjoying the world's highest mountain and taking photos of it. You can have a basic lunch at Everest Base camp since there are many local tented tea houses where they sell instant noodles or bread etc.

Day 08: SAKYA – SHIGATSE 150KM drive BLD

After breakfast, start your journey and drive along the Bharmaputra river with a landscape of sandy hills, villages, and Rulak Yungdrung ling at the otherside of the river. From Tagdruka, you will leave the main road and drive off road until you reach Yamba chen. You will have beautiful view of Nyenchen Thangla mountain.



Day 09: SHIGATSE – XUGU LA PASS – NAMTZO LAKE B

After breakfast, start your journey and drive along the Bharmaputra river with a landscape of sandy hills, villages, and Rulak Yungdrung ling at the otherside of the river. From Tagdruka, you will leave the main road and drive off road until you reach Yamba chen. You will have beautiful view of Nyenchen Thangla mountain.

Day 10: NAMTZO - LAHSA 390KM drive B

In the morning Explore Namtso lake and walk around Tashi Do hermitage where there are lots of caves and small monastery. After this return to Lhasa and free afternoon for souvenirs. NAMTZO LAKE at (4,700Meters) is one of the biggest lakes in Tibet and is 70Km long and 30Km wide. The landscape is dominated by the snow peak of Nyenchen Thangla to the south west of the lake. Tashi Do hermitage stands on a promontory with more than 50 small caves including some small chapels. Pilgrims do a half hour walk (kora) around Tashi Do hermitage.

Day 11-13: LHASA – CHENGDU 36 hours an 25min B

Free day, evening train from Lhasa to chengdu

Day 14 : CHENGDU - SIN

Back to Singapore

Land only Tour cost in S\$ for the private departure

Hotel	6 - 10 Pax	3 - 5 Pax	2 PAX	1 Pax	Child	Single Room Supplement
4*/local best	2611	2918	3478	4995	\$ 2338	\$ 468

Estimated cost for International flight SIN – Chengdu – SIN + 1 Domestic flight Chengdu – Lhasa S\$750-900

Estimated cost for train from Lhasa to Chengdu S\$350 (take about 36 hours 25 min)

Estimated cost for International flight SIN – Chengdu – SIN + 2 Domestic flights Chengdu – Lhasa, Xining - chengdu S\$950 – 1100

Estimated cost for train from Lhasa to Xining S\$311 (take about 21 hours 43 min)